



Honey Yoghurt

Greek yoghurt, granola, strawberries, banana

8 | **vg gf**

Pollen's Bread

Sourdough, brioche or English muffin with
butter/jam/vegemite/peanut butter/lemon curd **5**
add avocado **3** mushrooms **4** scrambled eggs **5**
Thick cut bacon **7** smoked salmon **7**

Steelcut Oatmeal

Chilled oatmeal in apple honey yoghurt, berries, candied almonds

11 | **gf vg**

Smoked Salmon or Bacon Benedict

Smoked salmon or thickcut bacon, spinach, spicy hollandaise, english muffin

18

Vegan Benedict

Smoked tofu bacon, quinoa & black bean patty, wilted arugula, vegan muffin and vegan hollandaise

16 | **v vg**

Housemade English Muffin

Local eggs, jarlsberg, vegemite butter

13 | **vg**

Mushroom Toast

Whipped black pepper boursin, fennel gremolata, garden herbs

12 add eggs **5** | **vg**

Bacon & Egg

Thick cut smoked bacon, soft poached egg, grilled halloumi, harissa avocado, sourdough

18

French Toast

Strawberries & honey cream

15 | **vg**

Lemon & Poppy Seed Pancakes

Pollen preserve blueberry jam, honey

14 | **vg**

Fried Egg Sandwich

Smoked bacon, gruyere, pan roasted potato with chorizo

15

Roasted Garden Bowl

Sunchokes, rainbow cauliflower, beets, poached egg, pickled fennel, florentine

15 | **gf vg df**

Grilled Peach & Burrata

Tree ripened peaches, burrata, prosciutto, arugula, fig balsamic

12 | **gf**

Cali Bahn Mi

Pulled pork, gruyere, pickled vegetables, ginger aioli

13

Salmon Poké

Salmon, hemp seed, avocado, rosemary, crispy wonton

11 | **vg gf**

Pan Seared Ora King Salmon

Pea Tendrils, wild crispy rice, raspberries, sherry vinaigrette & crispy artichokes

18 | **gf df**

Grilled Mahi Mahi Tacos

Spicy remolade, cabbage, mango & papaya relish with salsa verde & fresno salsa

14

Grilled Cheese

Gruyere, cheddar, swiss cheese, tomato soup

14 | **vg**

Vegan Falafel

Spicy hummus, peruvian bell peppers, beets, cherry tomato, mixed greens

10 | **gf vg df**

Side Salad

Mixed greens, cherry tomatoes, carrots, beets

5 | **gf vg df v**

Pollen Burger

Ground chuck & brisket, cheddar, pickled onion, arugula, animal sauce served on a sesame brioche bun, with fries or salad

17 add Bacon **3** Avocado **1.5** Jalapeno **.75**

v -vegan | vg -vegetarian | gf -gluten free | df -dairy free
pollen guest wifi: Pollen2100

In one of the most wasteful industries in the world we are working towards rejecting wastefulness and finding solutions to create a more sustainable dining experience. Some little steps that we are taking include: Offering water only on request; using recycled take-away packaging & paper straws; working closely with 'RecyLA' to ensure waste management is kept to a minimum. We are also working with a local farmer and hope to have our bees pollinating and harvesting our own honey - mid 2018.